



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

March 7th – 11th – Spirit Week at HES
 March 15th - HES School Committee Meeting (6PM at HES)
 March 17th – End of 2nd Trimester
 March 18th – No school (teacher workshop day)
 April 18th - 22nd – No school (Spring Break)
 April 19th - HES School Committee meeting (6PM at HES)
 May 5th – Early Release (11:30AM) for Parent/Teacher Conferences
 May 27th – No school (teacher workshop day)
 May 30th – No school (Memorial Day)
 June 16th – Last day of Pre-K
 June 20th – No school (Juneteenth)
 June 24th – Last day of school (with 5 snow days used)

*“Yesterday I was clever,
 so I wanted to change
 the world. Today I am
 wise, so I am changing
 myself.”*

~Rumi

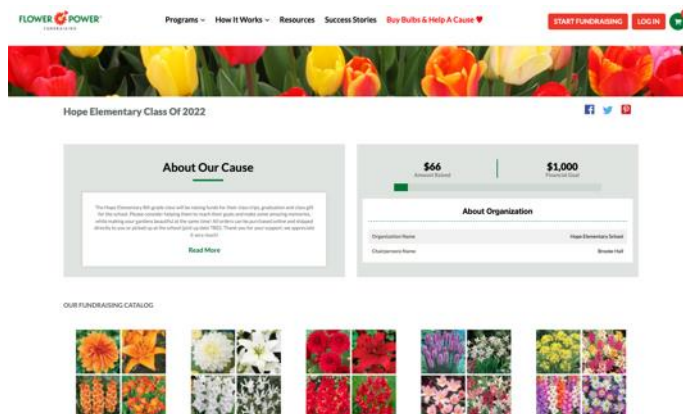
Please send messages to hesoffice@fivetowns.net when you need to notify the office about any changes to your child's daily pickup/drop-off schedule. Just a reminder that the school day is from 8:15AM until 2:45PM (Monday – Thursday) and 8:15AM – 1:45PM on Fridays. To send messages to our school nurse, Reagan Thomason, please use email: hesnurse@fivetowns.net

A message from the Maine DOE about children and the internet:

<https://mainedoenews.net/2022/03/03/media-release-maine-department-of-education-resources-on-helping-young-people-safely-navigate-the-internet/>

8th Grade is raising money for their class trip through this site:

<https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/shop/hes2022>



News from Pre-K:

As part of the Pre-K's study of buildings, students took a tour of the HES campus. We started at the red barn next to the playground, and walked around the Pre-K building, the Amish-built storage barn, the pavilion, yurt, garden house and garden shed. We then walked in front of the main HES building. We also looked at the outside only of the porta-potty building. We looked way across the field at the baseball dugouts. Ms. Schrader and her class invited us inside the yurt for a tour. She showed us how the round window is opened. Pre-K students learned there are a lot of different buildings at HES.





Kindergarten made snowkids with lost & found hats and gloves with Mrs. Cooper.

Spirit Week 2022

Monday, March 7 Pajama Day

Wear your favorite pajamas to school!

Tuesday, March 8 Tourist Tuesday

Dress for your dream vacation.

Wednesday, March 9 Clash/Wacky Hair Day

Don't match your clothes.

Give yourself a crazy hairstyle, too!

Thursday, March 10 Decades Day

Dress from the 60's, 70's, 80's or 90s!

Friday, March 11 Color Day

Each class will dress in an assigned color (to be announced).

Spirit Week is sponsored by the Hope Elementary School Student Council.

We invite all staff and students to participate by dressing in the attire assigned for each day. There will also be a door decorating contest.

Prizes will be awarded for creativity and participation.

If there is a snow day, that day will be skipped.

Please dress appropriately for school and the weather. No bathing suits.

Don't forget to bring your sneakers for PE class!

Here are the color assignments for Friday!

- K- Purple
- 2- Blue
- 3- Orange
- 4- Green
- 5- Pink
- 6- Brown
- 7- Red
- 8 – Black



HES MENU for March 7th - March 11th

This institution is an equal opportunity provider.

- ☐ **Monday (3/7):** Blueberry Muffins & Cheese Stick (Breakfast)
Popcorn Chicken with Tater Tots (Lunch)
- ☐ **Tuesday (3/8):** Croissants & Yogurt (Breakfast)
Cheese Raviolis (Lunch)
- ☐ **Wednesday (3/9):** Yogurt Parfait with Granola (Breakfast)
Macaroni & Cheese (Lunch)
- ☐ **Thursday (3/10):** Banana Muffins & Cheese Stick (Breakfast)
Spaghetti with Meat Sauce (Lunch)
- ☐ **Friday (3/11) -** Fruit Smoothies (Breakfast)
Cheese Pizza (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Breakfast includes protein, fruit/juice, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Milk or juice only is a charge of .40¢

Little League Baseball and Softball Registration Is NOW OPEN!



Five Town Little League registration for the 2022 season is now open for all players ages 5 – 12!

Parent volunteers are also needed for all divisions. Please visit the FTLL website today to sign up for the season as well as the below March and April clinics at the PITCH, baseball/softball evaluations and parent volunteer positions.

Please note that signing up for the clinics and/or evaluations will NOT register your player for the season, that must be done separately.

REGISTER FOR CLINICS, EVALUATIONS AND THE 2022 SEASON TODAY AT: <http://ftll.sportsoffice.com/>

Baseball clinics and evaluations at the PITCH:

3/12 - 12:30 - 1:30pm (7 to 9 year old clinic)
3/12 - 1:30 - 2:30pm (10 to 12 year old clinic)
3/19 - 12:30 - 1:30pm (7 to 9 year old clinic)
3/19 - 1:30 - 2:30pm (10 to 12 year old clinic)
3/29 - 5:30 - 7:00pm (9 to 12 year old clinic)
4/9 - 2:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)

Softball clinics and evaluations at the PITCH:

3/15 - 5:30 - 7:00pm (10 to 12 year old clinic)
3/22 - 5:30 - 7:00pm (7 to 9 year old clinic)
3/26 - 12:30 - 2:30pm (10 to 12 year old clinic)
4/10 - 2:00 - 3:00pm (7 to 9 year old clinic)
4/10 - 3:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)



Please email mainefivetownlittleleague@gmail.com with any questions.
You can also follow us on Facebook at Five Town Little League.
Let's play ball!



SUNDOG OUTDOOR LEADERSHIP INITIATIVE

**NOW ENROLLING 2022
SPRING COURSES**



ROCK CLIMBING



CANOEING



SLOOP SAILING

OUTDOOR ART
guest artist Colin Page



**WEEKLONG COURSES FOR
MIDDLE SCHOOL STUDENTS**

May 2 - 23

enroll at: www.sundogoe.com



*Need based **scholarships available** for all families*



SUMMER 2022!

Explorers Club Day Camp

June 27 - 30

A day camp for rising 2nd - 4th graders

Sea Kayaking, Leadership & Astronomy

July 19 - 23

An overnight expedition for rising 8th & 9th graders

Best of the Midcoast

Aug. 1 - 4

An adventure day camp for rising 5th - 7th graders

Western Maine Canoeing & Leadership Expedition

An overnight expedition for rising 9th - 11th graders

Aug. 7 - 12



www.mountainseaexp.com

Celebrate National School Breakfast Week! March 7-11, 2022

**It's a great time
to try out
school breakfast!**

PARENTS: Did you know?
Your child can super
charge with healthy
breakfast options
at school!

TAKE OFF WITH SCHOOL BREAKFAST

Studies show that students who eat school breakfast are more likely to:

✓ Reach higher levels
of achievement in
reading and math

✓ Score higher
on standardized
tests

✓ Have better
concentration
and memory

✓ Be more
alert

✓ Maintain a
healthy weight

**A nutritious breakfast at the start
of the day is a great way to ensure
students are energized
and ready to learn!**



Follow SNA and #NSBW22 on Social Media:

facebook.com/TrayTalk

@SchoolNutritionMassoc

@SchoolLunch

NSBW resources
are made possible by:

SCHOOL
NUTRITION
ASSOCIATION
Feeding Bodies. Fueling Minds.®

Kellogg's

SPRING CHANGEMAKERS

REGISTRATION IS OPEN!

[CLICK TO REGISTER NOW](#)



This Spring we will focus on COURAGE, LEADERSHIP + CHANGE.

Mondays 3:15-4:45 Grade 5

Tuesdays 3:15-4:45 Grade 6

Classes are held at Wayfinder School, 79 Washington St., Camden

[SIGN ME UP!](#)

***Stay tuned for grades 3 & 4! Spring sessions will begin in April.**



Pen Bay Lacrosse 2022

The first 4 weeks of Pen Bay Practice @ *The Pitch*:

Dates/Times

Boys: 3rd/4th 5th/6th 7th/8th Grade

Monday April 4th*, 11th, 18th, 25th

Time: 5-6 pm

*** Only on April 4th, 5-6pm 3/4 and 5/6 boys; 6-7pm 7/8 boys***

Girls: 3rd/4th 5th/6th 7th/8th Grade

Wednesday April 6th, 13th, 20th, 27th

Time: 5-6pm